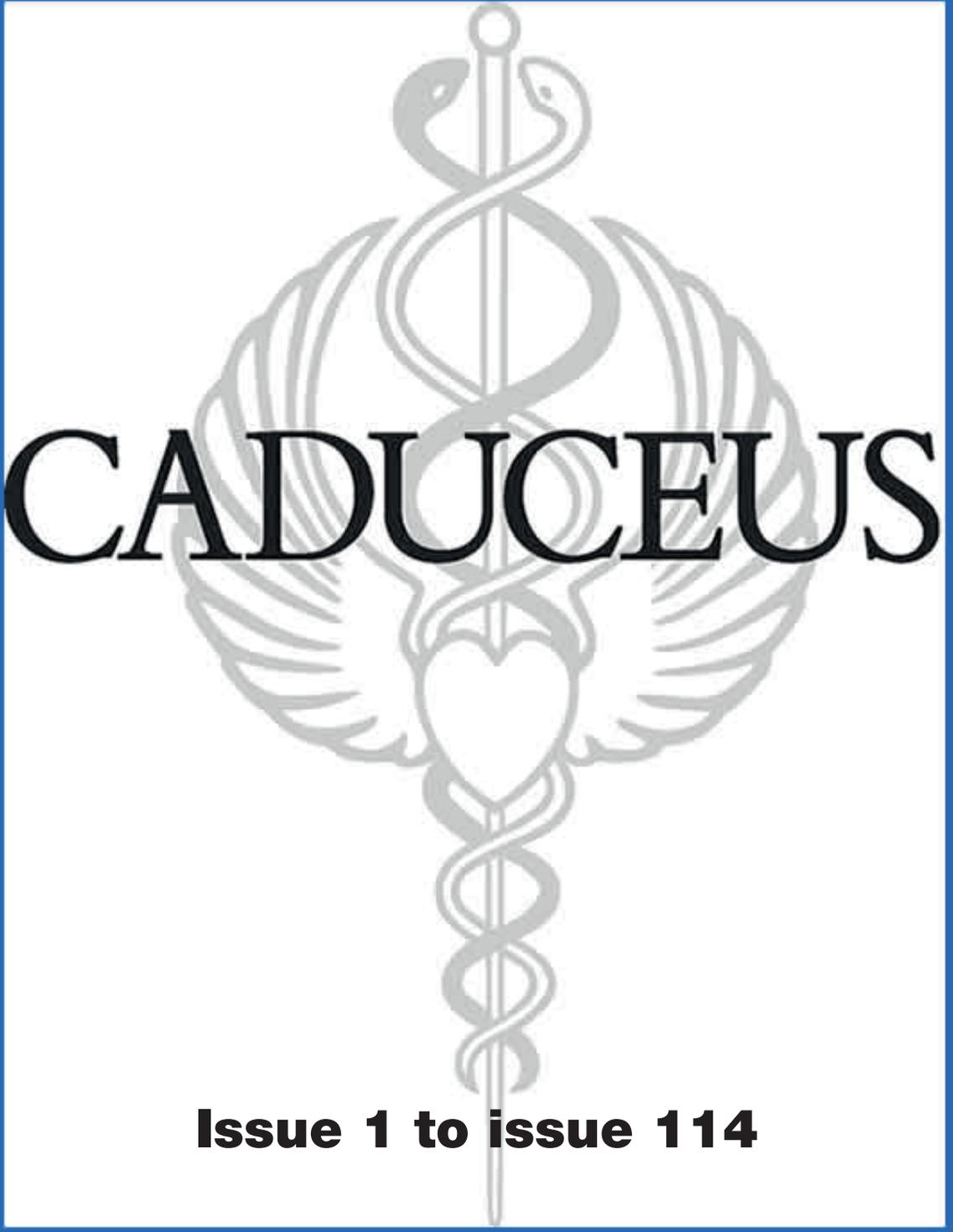


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Lack of sleep is causing ill-health and accidents
- Paradigm wars: Intelligent Design vs Darwinism
by Angelina Di Fazio

The debate is dividing scientists and the Church

- A holistic world view for a planetary civilization

by Ervin Laszlo

New ways of thinking to solve the world's problems

- A modern mystic of two faiths

by Shirley du Boulay

The story of Henri Le Saux' amazing spiritual journey

- Neuro-art?

by John Krcma

Art and the brain's evolution – exploring the link

- When spiritual emergence becomes an emergency

by Sarah Lucas

The fear and the ecstasy of spiritual transformation

- Avian flu – hype or real threat?

by Julia Pendower

Sorting fact from fiction, vaccines and other aids

Books: Tantra of Sound; No Time to Lose: A Timely Guide to the Way of the Bodhisattva; The Cave of the Heart; Big Pharma: how the world's biggest drug companies market illness; The Shamanic Way of the Bee.

Issue 69: Autumn 2006: £3.95

- Columbia's Kogi Indians – Guardians of a sacred trust

by Alan Eriera

Warnings from a people protecting the Heart of the World

- Unlocking the secrets of the wounded psyche: Part 1

by Daniela Sieff

A psychological survival system can become a prison

- Francis of Assisi – Paintings of our time

by Jeremy Naydler

Depictions of a 'holy simpleton' with a message for us all

- The unity of Nature and Culture

by Brian Goodwin

Revelations and implications of dissolving boundaries

- Answering the primordial question

by Pia Zia Inayat-Khan

Spiritual liberty offers us challenges and opportunities

- Pyramids power new research

by Roger Taylor

Russian studies find extraordinary effects

- Drinking water – is our most precious natural resource contaminated?

by Robert Verkerk

What are you also absorbing from a glass of water?

- Seeking the essence of water

by Simon Charter

An anthroposophical approach involving Flowforms

- The Interfaith Seminary – many paths, one Truth

by Catherine Lucas

A program to train non-denominational ministers

- Whole Healing Easily and Effectively

by Daniel Benor

Powerful therapy that stimulates left and right brain

Books: The Wave; A New Earth: Awakening to your life's purpose; Megalithic Measures and Rhythms; The Hidden Story of Cancer; Songs for Gaia; EMDR and the Energy Therapies: psychoanalytic perspectives; Wild Geese: selected poems.

Issue 70: Winter 2006: £3.95 (scan only available)

- Reconciliation over revenge

by Heba Zaphiriou-Zarifi

Coming exhibition by Palestinian and Israeli artists

- One Year On – Saving Orissa's mountains

by Felix Padel, Samarendra Das and Surya Dash

India's Dongria Konds oppose mining exploitation of their land

- Re-inhabiting the body

by Tina Stromstead

Authentic Movement as a pathway to transformation

- Unlocking the secrets of the wounded psyche: Part 2

by Daniela Sieff

Its miraculous survival system that is also a prison

- Toward a peaceful tomorrow by Jo Berry

Conference commits sufferers of terrorism to peace

- Breast cancer – one woman's journey

by Lisa Lambon

Embracing a holistic approach to treatment and survival

- Mistletoe therapy for cancer at Park Attwood

Research supports a treatment better known in Europe

- Herbal medicine

by Peter Jackson-Main

Its future practice under impending regulation

- Chlorine – boon or bane of our drinking water?

by Robert Verkerk

The benefits versus the considerable dangers

- Inspired by an unseen source

by Painton Cowen

An appreciation of the 'guided' paintings by Sara Allan

New Global Festivals -- Steve Nation

World AIDS Day and Human Rights Day

Astrology – Melanie Reinhart

Pluto re-defined, listening to the beyond

Books: The Biology of Transcendence; Hemp for Victory; Your Thyroid and how to keep it healthy; Kasper Hauser: Paintings; Crucible of Love; The Powerwatch Handbook.

Poetry: In Tune with Spirit

Jay Ramsey discusses TS Eliot's The Waste Land

Sound – International Sound Healing Conference

James D'Angelo reports on latest US research

News

Spiritual Narratives in Psychological Therapies conference

Fluoride linked to obesity through effect on thyroid

Flu vaccines – not very useful and potentially harmful
C. difficile threat as new superbug

Issue 71: Spring 2007: £3.95

• Mornings with Eileen

by Mike Scott

Accompanying Eileen to her daily morning meditation

• Eileen Caddy 1917-2006

An inspiration modern mystic

• All is very, very well

by Mike Scott

Recalling Eileen's life and journey to co-found Findhorn

• My personal experience with guidance

by Eileen Caddy

An early lesson on how to listen to the 'still voice within'

• A radical lover of God

by Robin Alfred

Recalling the many times that Eileen guided him

• Cymatics – insights into the invisible world of sound

by Jeff Volk

Stunning images reveal the dynamic interaction of sound with water

• Polyphonic harmonies and song in the Republic of Georgia

by Madge Bray

Using vibrational healing to treat traumatized children

• Living in the continuous world

by Jason Shulman

Changing the way we perceive our selves in the world

• ORMUS – Orbitally Re-arranged Monotomic Elements

by Roger Taylor

Specific elements appear to possess unusual, beneficial properties

• Watercress – superfood with strong anti-cancer properties

New research supports watercress status as a superfood

• Healing encounter in Ladakh

by Anita Fuller

A visit to the country's most celebrated oracle/healer

New Global Festivals – Steve Nation

International Day for Biological Diversity and World Environment Day

Astrology – Melanie Reinhart

Saturn and Neptune go head to head

Sound: Peter Culshaw travels with the band Tinariwen in Mali

Books: Water Sound Images: The Creative Music of the Universe; The Biology of Belief; The Healing Power of the Human Voice; Carry Me Home; They Are What You Feed Them

Poetry: In Tune with Spirit

Jay Ramsey discusses Ezra Pound's The Cantos

Issue 72: Summer 2007: £3.95

Listening to the landscape

- Healing the land, healing ourselves

Margaret Colquehoun describes her and her colleagues' 14 years work to develop the land around Pishwanton Wood in southeast Scotland to construct buildings and a community based on the principles of Goethean/Steiner science.

- Building for the Sun

Richard Hobday examines how the ancients' use of sunlight in buildings was re-discovered in architectural movements in the '30s, used in treating TB and is being increasingly recognized in designing modern buildings.

- Vitamin D update and hazards of sun screens

Simon Best describes the latest research on benefits of vitamin D – generated by sunlight – and the hazardous substances in most commercial sun screens.

- Re-discovering the art and science of sound healing

John Reid and Annaliese Kohinoor illustrate how sound therapy, first used by the ancients, is now poised to reveal the intricacies of healing both at the cellular and psychological levels.

- Reclaiming the Sacred Feminine

Margaret Starbird recounts the history and myths around the theme of the sacred feminine featuring Mary Magdalene's relationship with Christ, its suppression by the Church and re-emergence via the unfolding saga of the Knights Templar and imagery in Rosslyn Chapel and elsewhere.

- Climate change – accepting an inconvenient truth

Felix Padel reports on the issues raised at a major London conference, the pressing time-frame to achieve CO2 reductions and the pros and cons of biofuels.

Sound: Featuring the recently decoded Rosslyn Motet, deciphered after 15 years from the cymatic images carved in stone in Rosslyn Chapel and recorded there.

Books: Wolves of Water (a study of nuclear radiation and the cover-ups); The Light Revolution; The Great Cholesterol Con; Into the Further Reaches; One Self; Explore Alchemy

Issue 73: Autumn 2007: £3.95

Reaching beyond the surface

- Burma's cry for freedom – time to act
- Drawing the inside out

Mike Chase describes working with masks to face fears on the therapeutic journey -- as part of the International Mask Festival at Stourbridge

- The music of the megaliths

Marke Pawson reveals the links between megalithic design, music and the cosmos

- Vaastu – design for living in harmony with Nature

Thomas Royer examines the principles of this oldest approach to architecture

- From healing Ayurveda to centred stillness

Sarida Brown explores her cleansing experience of authentic Ayurveda at a Sri Lankan spa

- Healer, super-food – and free

Zoë Hawes shows how research is supporting old folk-tales about the properties of nettle

- The enigmatic hexagon on Saturn

John Reid proposes that sound is the key to understanding the planet's unexplained structure

- Dancing the Wheel of Life

Will Gethin reports on a major UK residential conference for shamanic practitioners

New Global Festivals – Steve Nation

International Day for Non-Violence/Be The Change 2007

Poetry: In Tune with Spirit

Jay Ramsay examines Edwin Muir's The Castle

Sound: James D'Angelo describes The Song of the Earth 'acoustic sound ritual' in Gloucester Cathedral

Books: The Oxygen Prescription; Sacred Sound, Sacred Space; Last Child in the Woods; Time Stands Still; Confessions to a Womaniser - Secrets of the world's inspirational women

News

Mobile phone use for over 10 years increases cancer risk

1,000 US doctors and scientists demand ban on fluoridation

Prof Ernst knocks herbal medicine; Death of Pam Perry

Issue 74: Winter 2007/8: £3.95

Honouring the inner spirit

- His Holiness The Dalai Lama to visit UK in May

Find out where he is speaking and how to book a place

- Resisting deforestation

Ken Finn reveals the efforts needed to fight deforestation and corruption, and preserve the sacred land of indigenous people

- Seeing with the eye of the heart

Anne Baring celebrates the vision of the British painter Cecil Collins in his centenary year

- Talking to the animals

Moyra Bremner explores the abilities of animal communicator extraordinaire Amelia Kinkade, which she also teaches

- Seaweed – Nature's secret for a long and healthy life?

Jane Philpott and Montse Bradford analyse the amazing nutrition in this sea vegetable

- Critique: 'The Secret History of the War on Cancer' by Dr Devra Davis

Roger Coghill asks how biased – or corrupt – is the science behind orthodox cancer treatment, based on the revelations in this major new book?

- What is living water?

Alick Bartholomew explores Viktor Schauberger's ideas on water's true nature

New Global Festivals – Steve Nation

International Year of Planet Earth, Sanitation, Languages and... the Potato

Poetry: In Tune with the Spirit

Jay Ramsay explores the poetry of Stephen Spender

Astrology – Melanie Reinhart

Crossing the threshold: Pluto into Capricorn

Sound: James D'Angelo describes the powerful impact of the unique film, Into Great Silence

Peter Culshaw assesses the big sound of Les Ethiopiques

Books: Psyche and Cosmos; The Gerson Way; Tree Yoga; Thirst (poetry title)

News

Open Letter to the British Food Journal challenging their award for best GM paper

Psychophonetics comes to the UK

ANH launches sustainable healthcare campaign

London College of Spirituality opens

Issue 75: Spring - Summer 2008: £3.95

- Funny faces help dissolve fear
Eliyahu McLean of the Jerusalem Peacemakers on an unusual project
- Journey to the Heart, by William Gethin
Preserving the way of life of the Peruvian Indians
- 'Little Tibet' -- investing in the future of Ladakh, by Philip Cornwell
The aims of the charity that is building the Druk White Lotus School
- Healing the soul – way of the shaman, by Karen Sawyer
Entering the realms the shaman inhabits to bring about healing
- Iodine – high doses treat the thyroid, breast disease and cancer, by Prof Donald Miller
US doctors are using high doses to detox the thyroid and treat breast disease
- Government 'Goliath' felled by dogged 'David', by Dr Chris Busby
Mark Purdey's courageous quest to expose the denial behind the BSE fiasco
- Reclaiming the sacred voice, by Susan Elizabeth Hale
Exploring the power of the voice to re-connect us to the sacred

New Global Festivals – Steve Nation

Climate change, poverty and the heart-centred will

Poetry: In Tune with the Spirit

Jay Ramsay examines the poetry of Vernon Watkins

Astrology – Melanie Reinhart

Focus shifts from Fire to Earth

Sound: James D'Angelo reviews two albums by sound healer Jonathan Goldman

Books: Iodine – Why you need it, why you can't live without it; The Book of Tibetan Medicine; The Transition Handbook; Alexander Thom: Cracking the Stone Age Code; Food is better Medicine than Drugs

News

International Glass Festival 2008

Legal action only option says ANH if EC does not alter course on supplements

Transforming the medical model from within

Hazard fears in 80 percent of 952 sunscreens

Low vitamin D linked to death from all causes

Issue 76, Autumn/Winter 2008: £3.95

Race to the Antarctic for peace and the environment

Tess Burrows and her partner race five others teams to the South Pole

Climate change: cool inconvenient truths expose flaws in CO₂ model

Dr Peter Taylor presents neglected evidence that he argues shows global cooling has now started

View from the mountain

Wendy Ellyatt explores the Hopi and other prophecies surrounding 2012 in the context of transforming ourselves and society through ancient wisdom

Freedom through hardship

David Hamblin interprets what humanity faces from the horoscope for December 21, 2012

Sounding the sacred in Celtic shamanism

Dr Geo Trevarthen examines chanting and the use of sound and music to connect with the sacred

Magnesium chloride

Barbara Bourke describes its vital importance for optimum health, fighting infections and slowing the aging process

Working with soul in health and illness

Wendy Stokes reports on first joint conference by practitioners of spirit release

New Global Festivals – Steve Nation

Money and the financial crisis

Sound

James D'Angelo reports on 'singing stones' at Avebury with Tareth

Astrology – Melanie Reinhart

Saturn opposite Uranus – break-up, breakdown and... breakthrough

Book reviews

The Mystery of 2012 – Predictions, Prophecies and Possibilities

2012 and the Galactic Center

The Woodland Year

The Cygnus Mystery

Poetry: In Tune with the Spirit

Jay Ramsay assesses the poetry of Cecil Collins

News

Georgina Downs wins case against Government policy on pesticides

Help save Bride's Mound at Glastonbury

Chemotherapy drug causes brain damage

Seaweed could replace salt in food

Issue 77, Spring 2009: £3.95

Foremost Lama to visit

His Eminence the 7th Dzogchen Rinpoche visits the UK this summer

Sound and light treat children's learning problems

Pauline Allen, Principal of the Sound Learning Centre, describes how re-training the brain's processing improves a child learning difficulties

Sounding Bowls – their unique properties and healing power

Tobias Kaye explores the therapeutic effects of his special instruments

Prophecies of the Inka

Dr Alberto Villoldo recounts Inka predictions of upheavals prior to the return of the Earth people

Swine flu – how proportionate is the response?

Dr Robert Verkerk outlines his concerns over the new outbreak and the agendas of those involved

Keys to understanding your animal

Helen Wingstedt teaches how to avoid miscommunications by establishing emotional consistency

Manfred Kyber – a life in two worlds

Nigel Cooper presents the first systematic account of the life and work of this writer, visionary poet and animal lover in English

Codex Alimentarius: focus on true threats, not misinformation

Dr Robert Verkerk warns us not to be distracted from tackling the important issues

New Global Festivals – Steve Nation

Transition times – Year of Reconciliation

Poetry: In Tune with the Spirit

Jay Ramsay considers the poetry of Kathleen Raine

Astrology – Melanie Reinhart

Water of life: Jupiter, Chiron and Neptune in Aquarius

Books

The Sky is Always There; Be The Change; Out of Time; Grow your own Drugs; (my) Dying is Fun; Aung San Suu Kyi: The Voice of Hope

News

Resonance, Festival of Sound Healing

Vitamin D evidence prompts governments to review intake guidance

MHRA grants first homoeopathic license

NICE recommends acupuncture for back pain

Beijing scholars' bold report reveals breakdown in China's Tibet policy

Transitus festival of dying; Death of John Mitchell

Wildheart prepares for autumn gathering

Issue 78, Autumn 2009: £3.95

Worldshift2012 launched at British Museum

A new worldwide network announces its urgent Declaration

Harmonically guided evolution – the real missing link?

Richard Merrick proposes that geometric design is present at the molecular and quantum level

Metatronic Healing - purification with new energetic frequencies

Pippa Merivale describes Attunements and Transmissions energized by angelic 'instruction'

Re-discovering the essential feminine - a shamanic perception

Eliana Harvey describes a shamanic approach for women wishing to reclaim their inner power

AtlasProfilax -- re-aligning the Atlas to release pain

Fiona Westwood outlines a novel technique promises relief from many painful conditions

To vaccinate or not to vaccinate?

Dr Damien Downing presents an alternative, nutritional option to swine flu vaccination

Using mantras to balance your chakras

Simon Heather describes how to use special 'bija' mantras to balance the chakras

Acai berry

How this 'superfood' benefits Brazil's children and Rainforest

New Global Festivals – Steve Nation

Focus on climate change and peace

Poetry: In Tune with the Spirit

Jay Ramsay reflects on the poetry of Ruth Pitter

Books

CHILL: A reassessment of global warming theory; Worldshift2012: Making Green Business, New Politics & Higher Consciousness Work; Vision of Albion. The Key to the Holy Grail; Did Jesus come to Britain?; When Jesus lived in India; Chalice Well: The story of a living sanctuary

Briefings

ICNM launches complementary medicine awards

Thyroid health and iodine therapy seminar

Sweeteners reduce kidney function

World Puja Network celebrates 10 years

Computer-based CBT therapy treats depression and anxiety effectively at home

Major studies support cancer risk from mobile phones

Issue 79, Summer, 2010: £3.95

Altruism can transform economic systems

A conference inspired by the Dalai Lama debates spiritual values

Releasing green energies

Sam Burcher discusses green technologies, organic agriculture and the plight of the bees

Harmonically guided evolution – the universal pattern of life

Richard Merrick: Part 2: discovering sacred geometric design in all phenomena

Are you salt deficient?

Dr David Brownstein outlines health benefits of mineral-rich, additive-free, unrefined sea salt

Songs of enchantment - legacy of Seidr in shamanism

Annette Host explores this ancient Northern European shamanic tradition

Encounter with extraterrestrials

James D'Angelo gives an extraordinary eye-witness account of attempted communication

Protect your rights to natural medicine

Dr Robert Verkerk warns of the threat to herbs and natural medicines and how to help

New Global Festivals – Steve Nation

Considers 2010 as the International Year of Biodiversity

Poetry: In Tune with the Spirit

Jay Ramsay assesses the work of Thomas Merton

Books

Interference: A Grand Scientific Musical Theory; SALT Your Way to Health;

Local Food: How to make it happen in your community; Hidden Truth, Forbidden

Knowledge; The Divine Plan Beyond 2012

Briefings

Truth Matters conferences launch in Glasgow

Caduceus arises in Arizona

Seaweed vs alginate in the salt/obesity debate

Vitamin D linked to cognitive function in the elderly

Daily vitamin D guidance too low; Spirit of the Elephant play all the way from Johannesburg

Letter to the Editor: White Springs, Glastonbury

Tribute to Hamish Miller

Helios centre expands; Biological farming DVD

Issue 80, Winter 2010: £2.00 (only available as scan)

Kogi Indians re-emerge to give final warning in new film

Working with film-maker Alan Ereira, the Kogis urge us to listen

Drinking raw milk - the pros and cons of processing

Ann Woodriff Bierne examines the health evidence behind the emotive debate

Tapping into healing

Moyra Bremner reveals the huge healing potential of TFT and EFT

The Ghost Dance in Glastonbury

'Snowfalcon' explores the history of the modern dance and its importance at this time

Relationships - taking a conscious approach to their ending

Vena Ramphal explains how to break energetically when a relationship ends

Live to Love charity launched by Buddhist leader

His Holiness the Gwalwang Drukpa launches his charity in London

Finding my diamond centre

Viscountess Marina Cowdray recounts how sculpting is part of her spiritual life

The great swine flu con

Dr Robert Verkerk investigates the dubious science and agendas behind the H1N1 vaccine's promotion

Seaweed can reduce salt intake in food

Simon Ranger describes research supporting seaweed's potential

Who controls the food chain?

Sam Burcher examines the latest GM research and developments

TONGO - The Other National Grid Operation

Joe Hoare describes a technique for healing places and communities

New Global Festivals – Steve Nation

Magic, vision and the creation of a new world

Poetry: In Tune with the Spirit

Jay Ramsay analyses Peter Redgrove's The Heart

Books

The Untold Story of Milk

Countdown to Coherence

Tony Samara: a modern shaman...and beyond

The Secret Land

Tidal Shift

The Truth Agenda

Briefings

Soka Gakkai's 80 years of spreading peace

MPs pledge support for campaign to save herbal medicine

EU Herbal Directive discriminates against non-European traditions

Victory at Niyam Raja, Orissa, India

US Food Safety bill passes the Senate

Issue 81, Summer 2011: £4.25

Rescuing New Zealand's gentle giants

Isabelle Baigent's experience of saving stranded pilot whales

Echoes of the ancestors

Madge Bray describes the place of Georgian harmonies in life and death in Upper Svaneti

Soy hazards - adverse effects in hidden consumption

Dr Kaayla Daniel examines the health myths and realities behind the marketing hype

Creative consciousness

Barry Cottrell explores the body's power to create a new shamanism

Who really benefits from GM crops?

Sam Burcher reveals how agro-ecology offers real solutions to world hunger

Apple cider vinegar

Dr Penny Stanway discusses the evidence for its fabled beneficial health effects

Pilgrimage to Mount Kailas

Jonquil Cooper describes filming her risky journey to this sacred site

Time to launch a new Odyssey

Daisa Morgan is involved in raising funds for a new, sacred geometry-designed cancer centre

Sacred Light - Christ and a gathering of saints

Eleanor Allitt enthuses over a new exhibition of Greg Tricker's works

New Global Festivals – Steve Nation

Forests, trees and woodlands find international support in 2011

Poetry: In Tune with the Spirit

Jay Ramsay assesses Ted Hughes' That Morning

Books

The Story of Water

The Whole Soy Story

Potential Health Effects of Foods Derived from GM Plants

The Case against Fluoride

Cymatherapy: A Practical Guide for Everyone

Dancing with Dark Goddesses

Briefings

First legal action to remove WiFi from classrooms

St Nectan's Glen for sale

5-fold brain cancer risk in young mobile phone users

Raw milk threatened in UK and US

GM food labelling finally agreed by Codex

European parliament to allow member states to ban GM crop cultivation

Sunflower Jam raises thousands for charity

Issue 82, Autumn-Winter 2011: £4.25

Ecocide - a crime against the planet?

Sam Burcher reports of the first 'trial' of the proposed crime of Ecocide

Flowers express hidden sacred geometry

Prof Keith Critchlow reveals how flowers manifest inherent mathematical design

Yogananda's Kriya Yoga teachings

Brother Santoshananda describes his technique 150 years after its resurrection

Gut dysbiosis triggers Gut and Psychology Syndrome

Dr Natasha Campbell-McBride explores illnesses caused by disturbed gut absorption

Lighting the way in marine conservation

Amanda Banks describes the activities of three conservationists in the US, Canada and Peru

Claudio Naranjo - teacher by eloquent example

Charles Keck recalls when he first encountered the man and his ideas

Top US scientist warns against glyphosate

Sam Burcher reports from an All-Party Group on Agro-ecology meeting

New Global Festivals – Steve Nation

Looking ahead to 2012: Year of Sustainable Energy, Cooperatives and ending cycles

Poetry: In Tune with the Spirit

Jay Ramsay assesses Mary Oliver's Of Love

Books

The Hidden Geometry of Flowers: Living Rhythms, Form and Number

Dirty Medicine: The Handbook

Opening the Door to the Worlds

2012 A Clarion Call

Environmental Art Therapy and The Tree of Life

In the Shadow of the Buddha

The View Beyond - Sir Francis Bacon: Alchemy, Science, Mystery

Briefings

Electrosensitivity conference covers range of triggers

Laptop Wifi radiation affects sperm motility and DNA fragmentation

Danish mobile phone/cancer study rebutted in BMJ

US prisons sued over soy-laden diet
FDA allows raw milk across state lines for personal consumption
Weston A Price Foundation/London's 2012 conference and 2011 DVD
Canadian First Nations sue Shell over tar sands destruction
Giordano Bruno Globalshift University
Alfred Riggs tribute
Ozonated olive oil cream with special properties
Our Future Planet

Issue 83, Autumn 2012: £4.25

Ancient Buddhist Relics tour the UK

Precious ancient relics en route to India will be on view at specific venues

Sounding the Great Pyramid

Mags MacLean recounts her unique experiences within on 11.11.11, John Reid, his unique cymatic images from the King's Chamber

Permaculture and regenerative agriculture

Aranya describes the development and aims of both, the latter a recent arrival to the UK

Interacting with the Spirit of Place

Dr Patrick MacManaway outlines his use of geomantic methods, including dowsing, earth acupuncture and working with earth energies to improve crop yields and animal output

Spiritual Permaculture

Sam Burcher reviews a DVD on the development of permaculture in Russia

Earthing – Nature's primary health support

Dr John Kelsey reveals the many beneficial effects of naturally re-connecting with the Earth

Venus Transit through Rosslyn Chapel

Richard Merrick connects Venus' orbital path to the Chapel's layout as a blueprint for sacred temples

Trusting crisis

Catherine Lucas exhorts us to surrender to spiritual crisis to allow it to transform our lives

New Global Festivals – Steve Nation

A Culture of the Heart is Arising

Poetry: In Tune with the Spirit

Jay Ramsay discusses Robert Bly's Let Sympathy Pass

Books

Queen of the Sun – What Are the Bees Telling Us?

Earthing – the most important health discovery ever?

In Case of Spiritual Emergency

Gut and Psychology Syndrome

Stairway to the Stars

Serial Consciousness

Briefings

New device confirms therapeutic effects of pulsed electromagnetic fields

Supplements' risk vanishingly small, data shows

Sunflowers grown around the world to honour Alan Turing

First specialist paediatric acupuncture clinic

Paramahansa Nithyananda to visit London in November

Weston A Price Foundation conference DVD

Tributes: Frau Maria Thun; Roger Woolger

Issue 84, Winter, 2012: £4.25

Caduceus 25th anniversary

Thanks to all who have contributed to our success and survival

Transition though 21.12.12.

Geoff Stray discusses the history and most likely scenarios at the end of the Mayan Calendar

Re-activating the Michael/Mary energy lines

John Moss describes the effect of dowzers re-energizing these sacred lines

Lucid Surrender – dream alchemy

Mary Ziemer explores how dreams can reveal psycho-spiritual development

Vaccination – vs vitamin D

Dr Jayne Donegan presents data on the pros and cons of vaccination and the benefits of vitamin D

Re-sounding to energise the chakras

Jehanne Mehta describes her unique method of healing using sound and the chakras

Can past-life therapy help present-life problems?

Bill Heaney discusses Greg Branson's attempt to provide valid evidence

GM attack: ministers, farmers, scientists

Sam Burcher reports on Paraguay's Oscar Rivas' efforts to stop the corruption

New Global Festivals – Steve Nation

Birthing a new Cycle of Humanity

Books

Seed Sounds for Tuning the Chakras

AVISION The Way of the Dream

Crucible of Love: The Alchemy of Passionate Relationships

The Venus Blueprint

The Joseph Communications – The Fall

Too Much Too Soon? Early learning and the erosion of childhood

The Challenge of Rudolf Steiner (DVD)

Poetry: In Tune with the Spirit

Jay Ramsay presents a variety of new contemporary poets

Briefings

Plants supply clean low-cost electricity

Findhorn celebrates 50 years

New School of Sound and Healing Arts

Tribal Sound Healing and the Tambora Foundation

Kogis give their final warning to 'Little Brother'

Last Ghost Dance at Glastonbury

Vitamin D deficiency 'epidemic', survey reveals

Mobile phones can cause brain tumours – landmark Italian case

Tributes: Don Campbell; Marke Pawson

Issue 85, Spring, 2013: £4.25

First victory over silent spring killers

Sam Burcher reviews a spate of Westminster meetings to protect bees

Inhabiting the world of Anglo-Saxon shamanism

Professor Brian Bates evokes the strong dependence on Nature and life in the forest

Plant spirit magic in the Golden Valley

Fiona Owen describes the power of communing with plant spirits to recover from trauma

Flowers' sacred geometry reveals cosmic truths

Professor Keith Critchlow reveals how the hidden geometry awakens a spiritual perception

Female sexuality and the menstrual cycle

Miranda Gray explores how female sexual expression is influenced by the menstrual rhythm

Finding your naked voice

Chloe Goodchild discusses how finding your true voice can transform your life

Cholesterol – the good, the bad and the lack of evidence for statins

Dr Rajendra Sharma and Justin Smith present evidence that destroys myths and questions widespread statin use

Our native woods – sensing their character and sound

Tobias Kaye delves into the sonic nature of certain native trees

New Global Festivals – Steve Nation

Thinking globally and acting locally

Books

The Cathar View

Nature Spirits: The Remembrance

Heart of Yew

Where on Earth is Heaven?

Spiritism and Mental Health

Essential Poems from the Staying Alive Trilogy

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of various new, contemporary poets

Briefings

SMART meter campaigners lobby MPs

Electromagnetic Sensitivity and Hypersensitivity

Stop Government U-turn on herbal medicine promise

Petition to legalise unpasteurised milk

Sri Swami Sharavana Baba to lead prayers for world peace

Free trees from the Woodland Trust

'Wild Women of the Woods' exhibition

Music Therapy Week to raise awareness

Plants emit electric signals to guide foraging bees

Cover: Early morning light at Westonbirt Arboretum, Tetbury, Glos

Contents, Issue 86, Summer 2013: £4.25

Prayers of the Ancient Ones

Launch of a film about the Tibetan Buddhist annual World Peace Ceremony

Forests for LIFE!

Fred Hageneder's first of 2-part article on the health-promoting properties of forests

Negative air ions – vitamins of the air

Rosalind Tan describes the health problems caused by an imbalance of ions in buildings

Benefits of grounding

Roy Riggs discusses need for proper grounding and avoidance of electrical units in bedrooms

Time, Space and Knowledge

Caroline Sherwood and Michael Gray on a different vision of what is real and what is possible

Vitamin D deficiency

Oliver Gillie argues that the Government and major cancer charity are failing the public

Positive Psychology for the planet

Chris Johnstone explores how a new science can help personal and planetary healing

New Global Festivals – Steve Nation

Toward a culture that values and protects trees

Books

What has Nature ever done for us?

The Dream of the Cosmos

The Man Who Plants Trees

Letting in the Wild Edges

The Cherishing

Mirrors of Light (CD)

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Briefings

Nama to Nature covers abandoned Irish land with trees

Cowdray Hall: Blood of the Amazon film and MBS Fair

GM soy's adverse effects on pig health

FSA considers raw milk

Vitamin K essential to control calcium

FSA considers raw link

Sarah Miles opens house as healing retreat

BUSS London conference; Artemis invitation

Embercombe 'journeys

Tribute: Michael Baigent

Cover: David Milarch next to the 3,000-year-old Waterfall Tree in the Giant Sequoia National Monument in California. See p.9. From: *The Man Who Plants Trees* – see Reviews

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Tribute: Choje Akong Tulku Rinpoche

Founder of the first Buddhist monastery in the West, Samye Ling in Scotland

Qigong – way of life force enhancement

Kim Lovelace describes the development and modern use of this ancient energy form

Trees for LIFE!

Fred Hageneder, in the second of his 2-part article, focuses on the mythological and spiritual aspects of forests

Chronically exposed to pulsed microwaves – our children's daily reality

Alasdair Philips presents new evidence and types of RF radiation that threaten our children's health and fertility

Parent Essential Oils – understanding the *real* effects of fish oils

Prof Brian Peskin presents evidence that, contrary to received wisdom, fish oils can be harmful

Gift of Chinese herbal medicine

Dr Ming Cheng describes the evolution and current development of this very ancient system

Orbs and the alchemy of space

Christian Kyriacou draws on his 44 years' experience with 'geo-etheric structures' – or orbs

New Global Festivals – Steve Nation

The New that is emerging

Books

Fat Chance: The Hidden Truth about Sugar

Obesity and Disease

Chinese Medical Qigong

Meditation in the Wild

Journey in Shades

Awakening through the Veils

The Drugs Don't Work – plus Brief Reviews

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Briefings

Singing the Oceans Alive with the Royal Philharmonic Orchestra

Vitamin D London conference

FSA issues consultation document on raw milk

Weston Price conference at Sandown Park

Worldwide condemnation of Seralini retraction

Expanding Falun Gong still under threat

Statutory regulation for herbal medicine further delayed

Tribute: John Rogers

Cover: Orb expressing sacred heart geometry at Portugese monastery by Christian Kyriacou

Contents, Issue 88, Spring 2014: £4.25

Major London meditation gathering in July

Swami Paramananda will lead 'The Way to Peace and Happiness' event

Current weather 'chaos' – IPCC warming model fails again

Peter Taylor presents detailed evidence showing that cooling not warming is imminent

UV blood irradiation and ozone combat antibiotic resistance

Dr Robert Rowen describes the wide application of these powerful oxidative therapies

Countering the criminalisation of traditional foods

Julian Rose discusses his involvement in fighting the Polish Government's attempts at suppression

Spirit of Pan

Artists Tiana Marie and Gwyn Ardyth explore Pan through the ages expressed in religion, art, literature and music

Returning home – the healing power of Nature

Tim 'Mac' Macartney examines the growing use of ecotherapy to reconnect distressed people

Western herbal medicine

Dr Chris Etheridge outlines its development, benefits and its use of herbs

New Global Festivals – Steve Nation

Spirituality, History and the United Nations

Books

Deadly Medicines and Organised Crime

How big pharma has corrupted healthcare

FARMAGEDDON – The True Cost of Cheap Meat

Involution – an Odyssey

PEO Solution

To Call Myself Beloved

Pan's Daughter: The Magical World of Rosaleen Norton

19 Big Secrets about Astro Gems

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Briefings

Join the Global Alliance for Seed Freedom

Say No to the TTIP

Satsang with Mukti

International Essence Awareness Month

Statins side-effects challenge overlooks missing data

Spiritual orbs calendar

Tribute: Emilio del Giudice

Cover: Pan by Tiana Marie, as seen in the Royal Horticultural Gardens, Wisley, Surrey

Contents, Issue 89, Summer 2014: £4.00

International Women's Day March 2014/15

Images celebrating this annual event

Path of the Quetzalcoatl - Sacred pilgrimage to Mexico

Steven Altman explores ancient Toltec sacred and therapeutic shamanic techniques

Gut-brain communication

Dr Irina Matveikova describes its wide-ranging effects on health, liver and cholesterol

Ayurveda – medicine tailored to you

Sebastian Pole explains the essential philosophy and approach to achieve better health

From Iona to Rosslyn – tracking down the Holy Grail

Claire Nahmad explores a sacred pilgrimage to understand the enigmas of this isle

Mary Magdalene – echoes of the Goddess

Jane May describes the tradition, myth and mystery about her in the heart of France

GMOs – Myths and Truths

Scientifically backed research to expose the real truth about GMOs

Regular columns

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The rise of the feminine

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Himalayan Sound Revelations

Grail Alchemy

Walking with White Eagle in Sacred Places

In Defence of Life

An Electronic Silent Spring

Monuments

The Alpha Wolf

Contact with the Gods from Space

Letters: *Current Weather Chaos – Tony Wardle; Peter Taylor*

Briefings

US doctor leads team to fight ebola with ozone; Medical Innovation Bill; new recipe for farming, wildlife, food and public health; GM Free Me – put your selfie on the map!;

China may allow Dalai Lama to return to Tibet; Acclaimed Tibetan doctor to visit UK;

Tribute: Ann Napier

Cover: Singing and dancing in Funafuti Atoll, Tuvalu, South Pacific. Photo: Rodney Dekker/Oxfam NZ.

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Life after death study supports survival

Largest-ever study finds awareness continues after brain shuts down

Coconut oil benefits Alzheimer's sufferers

Bruce Fife examines studies of its beneficial properties involving medium chain fatty acids and ketones

101 references support positive effects of saturated fats and cholesterol

Dr Rajendra Sharma describes its wide-ranging effects on one's health, liver and cholesterol

Rosslyn Chapel – the Rose of the world

Claire Nahmad explores the Rose-line and the Chapel's relationship to the Holy Grail

The 'frozen music' within Rosslyn

Richard Merrick reveals the sacred meanings and musical knowledge concealed in its architecture

Revealing plant perception at Damanhur

Tigrilla Gardenia describes her research into plants' ability to create and communicate music

Ebola – how it started and how it might end

Dr Robert Verkerk asks 'What's really going on in West Africa' – and the first cure using ozone

Regular columns

New Global Festivals – Steve Nation

The Year of Light

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Jay Ramsay presents the work of new contemporary poets

Books

The Lost Gospel

Shungite: Protection, Healing and Detoxification

Stop Alzheimer's Now!

The Toltec Secret: Dreaming Practices of the Ancient Mexicans

In the Garden of Flames

Briefings

Saturated fats warnings 'should never have been issued'; Overuse of OTC drugs increases dementia risk; Images of Iona Tricker exhibition; TTIP – European objectors exceed 1.4m; French pass law on EMFs, WiFi and ES – a world first; CDC whistleblower exposes (another) MMR study fraud; Dreamers Path School of Nahualism

Cover: Tigrilla Gardenia, at Damanhur Spiritual EcoCommunity in Italy

Contents, Issue 91, Spring 2015: £4.00

Magna Carta's 800th anniversary

Artifacts and celebrations of the 800th anniversary, 15 June 2015

Music's healing influence throughout history

Asher Kenton reveals its influence on Man's healing and spiritual progress

Tracking down the London Stone

Greg Branson, Robin Baldock and Tanya Dorrington investigates origins of the Stone and

using psychic means to locate it

Vaccination – Australia aims to compel the poor to accept it

Bronwyn Hancock outlines the issues and arguments in light of Australian Government plans

EM hazards – still resisted by national and international regulators

Alasdair Philips exposes the denial, deceit and manipulation of the UK, EU and international bodies

Searching for the Grail in Avalon

Mara Freeman explores the esoteric connections between Glastonbury and the Holy Grail story

Climate change – answering critics and exposing manipulation

Peter Taylor answers critics and reveals how IPCC data has been manipulated

Regular columns

New Global Festivals – Steve Nation

It's all about the soil

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Dissolving Illusions: Diseases, Vaccines and the Forgotten History; Altered Genes, Twisted Truth: How the Venture to Genetically Engineer Our Food has Subverted Science, Corrupted Government and Systematically Deceived the Public; The Big Fat Surprise: Why butter, cheese and meat belong in a healthy diet; Chemtrails, HAARP and the Full Spectrum Dominance of Planet Earth; The Holy City: The Coral Music of James D'Angelo

Briefings

NOAA study 'adjusts' climate change data; Statutory Regulation rejected for herbal Medicine; Prayers for World Peace with Swamiji; International Essence Awareness Week; WHO classifies glyphosate as 'probable human carcinogen' – Monsanto knew link to cancer 35 years ago; *Panorama's* biased GMO programme; US lowers water fluoride levels for first time in 50 years; Lyonesse community and childrens' charities

Cover: Glastonbury Tor at sunset (Photo: Simant Bostock; www.simantbostock.com); inset: Frank Perry's spiral of bowls (Photo: Oliver Nares)

Contents, Issue 92, Winter 2015: £4.00

The Holy Land – from conflict to harmony

Michael Kenton describes his experiences during a trip to Israel

Uncovering the authentic historical Jesus

Barry Page discusses the evidence that Jesus married, had children and survived his crucifixion

The Great Work – healing the world by collective meditation

Dr Roger Taylor discusses research showing that collective meditation can directly effect human behaviour

Rewards of a dreaming pilgrim

Lawrence Main describes his profound dreams sleeping in some of the UK's major megalithic sites

Transformation with *Silene Capensis* and the I Ching

Shenpen Chokyi reveals her deep experiences with African Dream Root and insights with the I Ching

Iodine deficiency epidemic underlies many modern illnesses

Dr David Brownstein explores the range of health problems caused and how to test your iodine status

Regular columns

New Global Festivals – Steve Nation

Seeing the big picture

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Stop the Thyroid Madness; Science for Sale; ReWild Yourself: Becoming Nature; Ecozoa; The Beauty; Poems of the Infinite and Eternal; Statins Toxic Side Effects; The Life of Paramahansa Yogananda (DVD)

Briefings

Monsanto to be tried for crimes against humanity; Self-Realization Fellowship 2015 World Convocation; We Don't Vaccinate documentary; Antibiotic use in agriculture linked to human resistance; Ecotherapy creates positivity in cancer patients

Cover: Young meditating monks in Thailand; inset: Paramahansa Yogananda

Contents, Issue 93, Spring 2016: £4.00

'9/11 Truthers' vindicated – US Government was complicit in a cover-up

More US officials reveal extent of high level protection of Saudis involved

Joseph of Arimathea – the human father of Jesus

Prof Hugh Montgomery presents evidence of the real power and status of Joseph of Arimathea

Fukushima – an ongoing disaster

Arnie Gundersen exposes the real levels of fallout and hazard

Protect yourself in our hot radioactive world

Dr Mark Sircus describes his use of iodine and hydrogen to protect those exposed

Ionising radiation – the genetic killer

Prof Chris Busby challenges the orthodox model of hazard and describes the coming London legal case

The Greenwich Meridian – Britain's secret axis of power

Paul Broadhurst explores the history and power of an axis considered to link Heaven and Earth

Ancient British shamanism

Elen Sentier follows the quicksilver pathways of Elen of the Ways, our ancient deer goddess

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Letting in the radiance of reality

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Nuclear Roulette; Ouspensky's Fourth Way; Statins Toxic Side Effects; An Uncensored Life – Zerbano Gifford; Alternative Values – Poems and Paintings; Iodine – Bringing Back the Universal Medicine

Briefings

Commercial farming and fluoridation contaminated with radioactive polonium; Von

Daniken UK visit; VAXXED film controversy; International Essence Awareness Week; Stephen Turoff moves to London; EU to endorse CETA, preparing for TTIP
Cover: The Greenwich Meridian (photo: Mythos); inset: The World-Tree

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Enlightenment conference online

Report on first online Enlightenment conference held in Germany

Oral infections – root cause of many chronic illnesses

Bruce Fife describes the basic link between the mouth's health and chronic illnesses

Oil pulling – cleansing the mouth to heal the body

Bruce Fife outlines the benefits of this ancient technique to clear bacteria from the oral cavity

Palm reading – ancient art validated by new science

Erin Rose explores new scientific evidence that confirms old interpretations

Is Francis Bacon the true author of Shakespeare's plays? (Part 1)

Peter Welsford and Claire Nahmad examine the growing evidence for the claim

Tribute: Mae-Wan Ho

Letter to the editor: Jesus and Joseph of Arimathea

Regular columns

New Global Festivals – Steve Nation

Global festivals in the post-Brexit world

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

The Hidden Chapter: An Investigation into the Custodians of Lost Knowledge; Vaccination Policy and the UK Government: The Untold Truth; Oil Pulling Therapy – Detoxifying and Healing the Body through Oral Cleansing; Meeting Evil with Mercy: An Anglican priest's bold answer to atrocity; Sing Me The Creation; Incantation

Briefings

Nuclear test veterans hearing – a travesty of justice; New crop circles hint at revelations to come; B12 deficiency more recognised

Cover: Francis Bacon and William Shakespeare

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International Tribunal Against Monsanto

Sam Burcher reports from the Hague where witnesses gave evidence of global harm from Roundup

In search of the true Saint Thomas

Barry Page argues that he was the brother of Jesus and founded his own church in India

'Truth is the daughter of time...'. Pt 2: Bacon as true author of Shakespeare

Peter Welsford and Claire Nahmad explore Bacon's promotion of the New World as leader of the Rosicrucian movement

Silicon-rich water reduces toxic aluminium and helps Alzheimer's

Christina England asks why a water company ceased funding research that supported its product

Cymatics and cymatherapy – how sound vibrations can heal

Dr Robert Gilbert examines their development and research on healing applications of sound codes

Letter to the Editor: Shakespeare: a dream afloat reality

Regular columns

New Global Festivals

Steve Nation says now is the time to work for the new

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

The Spine of Albion; The Interconnectedness of All Things: From the Perpetual Choirs of Britain to the Present Day; Emma Oliver and the Song of Creation; John the Baptist and the Last Gnostics; The Secret Founding of America; Into the Silence; Bones

Briefings

Damning exposure of UK AGNIR's bias and cover-up in RF guidance; Wrekin Trust closes after 46 years; VAXXED London premiere; Brain tumours rise in Denmark; Tributes:

Benjamin Creme/Mae-Wan Ho

Cover: A therapeutic code emitted by the AMI 750 sound therapy device, made visible by CymaScope.com. Courtesy of Cyma Technologies Inc.

Contents, Issue 96, Spring 2017: £4.00

US research finds injury link to vaccinated children

Dr Robert Verkerk examines the issues around these challenging results

Return of the Golden Bough

Janis Fry discusses its recent reappearance after 3,000 years in an ancient Welsh yew

Shakespeare and the New Temple

Petter Amundsen indicates that Shakespeare's writing hides a possibly dangerous secret

2017 – the year of Baconian revelation?

Claire Nahmad and Peter Welsford explore the history of decryption attempts and possible imminent revelations

Radionic therapy – treating a horse with ‘Love’

Di Welch describes the therapy and its extensive use by horse owners

Vaccines, glyphosate and the rise in autoimmune disease

Dr Stephanie Seneff reveals the effects of toxic ingredients, including glyphosate, in vaccines

Annual vaccination of cats and dogs is a fraud

Catherine O'Driscoll exposes the over-vaccination of animals and the effects on their health

Regular columns

New Global Festivals

Steve Nation on *The United Nations and the Aquarian spirit*

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Cultural Perspectives on Mental Wellbeing: Spiritual Interpretations of Symptoms in Medical Practice; The Stone Cradle; Dispelling Wetiko: Breaking the Curse of Evil; Re-enchanting the Forest: Meaningful Ritual in a Secular World; A Women's Guide to Saving the World

Briefings

How can poetry save the planet? – report on Waterloo Festival; Nuclear Test Veterans Appeal; Vaccination injury awareness mounts as more governments seek to mandate it; Residents sue Monsanto alleging cancer caused by Roundup; Hague trial condemns

Monsanto; Fracking linked to increased infant mortality in the US; Spirituality gets certified;

Caduceus wins award

Cover: Recently discovered 'golden fleece' as early stage Golden Bough on an ancient yew at St Margaret's Church, Buxted, E Sussex. Photo: Andrew MacLean

Contents, Issue 97, Autumn 2017: £4.00

Chemotherapy – to risk or not to risk?

Stephen McMurray presents the evidence that every cancer needs to be aware of

Questioning the debunkers of ciphers in Shakespeare's plays

Dave Patrick re-examines the Friedmans' debunking of hidden ciphers in Shakespeare's plays

Hyperthermia in cancer treatment

Dr Siegfried Trefzer describes how hyperthermia is used to support and treat cancer patients

Defeating cancer – strategies to adopt, hazards to avoid

Simon Best and Dr Robert Verkerk sift the advice and research for various healthy options and what to avoid

The Metabolic Theory of Cancer and its use of the ketogenic diet

Travis Christofferson describes the new theory and the benefits of a ketogenic diet in fighting cancer

Clarifying Glastonbury's spiritual history

Barry Page examines the evidence for the visits of Jesus, James and Joseph and his mother to Britain and Glastonbury

Regular columns

New Global Festivals – Steve Nation

Building infrastructures of goodwill in response to cancer

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Books

Tripping over the Truth: How the Metabolic Theory of Cancer is Overturning One of Medicine's Most Entrenched Paradigms/ The New Oxygen Prescription: The Miracle of Oxidative Therapies/ The Secret Dossier of a Knight Templar of the Sangreal/ Diamond Cutters: Visionary Poets in America, Britain and Oceania/ 98.6F: Ideal body temperature for optimum health/ CANCER: Why Are We Still Dying To Know The Truth?

Briefings

EU Appeal: scientists and doctors demand moratorium on 5G roll-out; Most new cancer drugs do not work – official; *GENERATION ZAPPED*; Beware of mammograms

Contents, Issue 98, Spring 2018: £4.00

Queen's Commonwealth Canopy project

Showing Her Majesty's worldwide commitment to supporting forests and Nature

Cancer wars: history of medical orthodoxy's suppression of natural treatments

In Part 1 of a 2-part article, Martin J Walker exposes how the medical industrial complex criminalised effective non-drug cancer therapies

Shi'i Islam – the way of the prophetic family

Dr Rebecca Masterton describes the origin of Islam and how and why it divided into two primary sects

Connecting light, vision and consciousness

American light pioneer, Dr Jacob Liberman explains how to find 'presence', extracted from his new book

The Hidden Life of Trees

Fred Hageneder critiques the ideas of Peter Wohlleben's bestseller on the life of trees and forests

Antibiotics can seriously affect your mental health

Stephen McMurray reveals the range of psychiatric symptoms that antibiotics can trigger

Regular columns

New Global Festivals – Steve Nation

Discerning truth in an interdependent world

Poetry: In Tune with the Spirit

Jay Ramsay *presents the work of new contemporary poets*

Books

Statin Nation; My Shakespeare: The Authorship Controversy; The Invisible Rainbow: A History of Electricity and Life; Poseidon's Realm - A voyage around the Aegean; The Heart Explosion; Living in Two Worlds; Vitamin K₂ and the Calcium Paradox

Briefings

Medical students demand nutrition education; Grassroot groups get cosmetic firm's support; 1st International Day of Light; Transformational Sound Therapy; Deadly glioblastoma multiforme doubles in UK in 20 years; Children with Cancer's September London conference; Meditators more resilient to old age mental decline

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Climate change – are we approaching a hothouse Earth?

Peter Taylor examines the science of how much human activity vs natural cycles is contributing to the current situation

Children with Cancer international conference

Simon Best reports on the London event with speakers including Prof Thomas Seyfried

Water memory research conference

John Stuart Reid describes new research that helps understand homeopathy

Suburban shaman

GP Dr Ian Rubenstein recounts his extraordinary awakening as a medium and the effect on his patients

Cancer wars: recent attacks by vested interests on natural treatments

Martin J Walker completes his 2-part article focussing on the Bristol Cancer Help Centre scandal, suppression of Laetrile and persecution of GcMAF producer, David Noakes

Survival under oppression

Dr Rebecca Masterton finishes her story of the Shi'i tradition, showing how it has continued to thrive despite persecution

Regular columns

Poetry: In Tune with the Spirit

Jay Ramsay *presents the work of new contemporary poet*

Books

Too Many Pills: How too much medicine is endangering our health and what we can do about it; The Snake in the Clinic: Psychotherapy's Role in Medicine and Healing; The Humming

Effect: Sound Healing for Health and Happiness; Pilgrimage – a journey to Love Island; Sir Francis Bacon (1561–1626) Philosopher, Polymath, Poet and Playwright; The Testimony of The Trees; Your Zodiac Soul

Briefings

New research shows LDL cholesterol does *not* cause heart disease; Landmark American cancer case victory against Monsanto; Melatonin for cancer: *Children with Cancer* charity rebuts the dismissal by orthodox oncologists; Court dismisses homeopathy challenge to NHS's ruling; Medical Detection Dogs celebrates 10 years; Tribute: Guy Lyon Playfair

Contents, Issue 100, Spring 2019: £4.00

Caduceus – our first 100 issues

Founder Sarida Brown recalls the beginnings of Caduceus and, together with editor Simon Best, remembers some special issues

Tributes to Jay Ramsay (1958-2018)

Kevan Manwaring leads friends and fellow poets in their memories of Jay

Dartington and the Sirius connection

by Mark Herbert

Presents evidence of a strange link between the building and the star system

Pitch battle: 432Hz vs 440Hz – history of the International Standard

by John Stuart Reid

Part 1 article looks at the origins of concert pitch and the ongoing controversy

Vitamin C – our most important defence weapon

by Dr Sarah Myhill

Makes her case for using high doses of the vitamin at the first sign of infection

Where Truth is Hid

by Alan Green

Part 1 article reveals some of the amazing codes and mathematical knowledge he has discovered concealed in the Bard's Sonnets

Dowsing – exploring its range, joys and benefits

by Matthew French

Demonstrates the art of dowsing both the outer and inner worlds

Stop 5G – Call to action

by Simon Best

Fears and evidence of harm grow as nationwide roll-out looms

Regular Columns

Books

Catafalque – Carl Jung and the End of Humanity; Unholyland – The Trilogy; The Dream: A Spiritual Journey of Self-Healing; In the Shadow of the Machine; IN BETWEEN; Prayer Energy; Opening the Door to the Worlds; Ditch Vision – essays on poetry, nature and place; (The Dangerous Book)

Briefings

Thich Nhat Hanh awaits his time of transition / Misleading newspaper attack on expert's challenging vaccine/aluminium study / French Court recognises electromagnetic sensitivity as an occupational disease / State of the Climate 2018 report allays fears of global warming / NICE calls for lower BP criteria as statin study finds raised type 2 diabetes risk / Wikipedia's anti-natural medicine collusion / Monsanto fined \$80m

Contents, Issue 101, Summer 2019: £4.00

Government's latest statement on the HPV vaccine – fact or fiction?

Christina England *questions its accuracy and highlights the side effects*

Thomas and Stuart Mitchell – Decoders of the Rosslyn Cubes

John Stuart Reid *pays tribute to their investigatory musical talent*

Vitamin D's many benefits in cancer treatment

by Professor Angus Dalglish

Argues that ample evidence exists for the wide use of vitamin D in all cancer treatment

Where sacred Truth is revealed

by Alan Green

The Sonnets reveal the Bard's knowledge of mathematical truths hidden in the Great Pyramid

SLEEP – Are you getting enough?

by Dr Matthew Walker

A summary article presenting the latest research findings

Sensory Herbalism – Reconnecting with the power and character of plants

by Fiona Heckels and Karen Lawton

The two herbalists focus on the inner power and character of herbs

Expulsion of a Cochrane whistleblower...and the launch of a new institute

by Dr Robert Verkerk

Expelled from Cochrane, Dr Peter Gøtzsche and friends found a new institute

Regular Columns

Poetry: In Tune with the Spirit

New editor Kevan Manwaring presents poems focused on a grace of being

Books

The Dangerous Book: The Bible As You've Never Seen It; Shattered Dreams: The HPV Vaccine Exposed; The Life of Yogananda: The Story of the Yogi Who Became the First Modern Guru; 9/11 Unmasked: An International Review Panel Investigation; Thread of Gold (DVD); Poetry of Jay Ramsay, Music of Rosemary Duxbury

Briefings

Glastonbury becomes first council to ban 5G rollout / Lynda Thyer extradited... GcMAF Action Day / Exposed: Google censors health sites / New York Area Fire Commissioners call for new 9/11 investigation / HPV vaccine's high side effects / Changing sleep patterns may signal Alzheimer's / Death of Polly Higgins

Contents, Issue 102, Spring 2020: £4.00

Vitamin C protects against Coronavirus

by Dr Andrew Saul, Editor of the *Journal of Orthomolecular Medicine*

Details the evidence and its use by Chinese doctors

Vitamin C prevents infant vaccine damage

by Walter Last

Recounts the pioneering work of two Australian doctors

Pitch battles – Does pitch really affect our physiology?

by John Stuart Reid

Takes a scientific look at concert pitch and how music affects us

Climate change – The science continues to challenge the media hype

by Peter Taylor

Argues that the evidence does not support the extent of media hype about the threat

Climate activism and the money trail

by F William Engdahl

Reveals the huge number of powerful financial groups behind the global movement for their own profit

Discovery of the lost Stonehenge Zodiac

by Fionn Rawnsley

Describes his search to reveal the terrestrial zodiac and its significance in mapping the Pole Star

Regular Columns

Poetry

Poetry editor Kevan Manwaring presents poems focused on being awake to life

Books

The Salt Fix; MEGALITH Studies in Stone; The Power of Centre; Albion Dreamtime – Re-enchanting the Isle of Dragons; The Mother Country: Poems Exploring Dispossession; Ney – Rumi’s Sacred Flute (CD)

Briefings

Shanghai Government officially recommends vitamin C for COVID-19 / First Global Day of protest against 5G / Google censors health care information / ‘Freed’ Lynda Thyer still in prison due to French law travesty / Glyphosate and Roundup proven to disrupt gut microbiome

Contents, Issue 103, Summer 2020: £4.00

features

Collusion, suppression and the pro-vaccine agenda

by the Editor

Spotlights a pro-vaccine agenda that dismisses any nutritional solution

Did those feet walk upon Devon’s pastures green?

by Mark Herbert

Gathers the evidence for Joseph of Arimathea’s burial place being in Devon

Vitamin D3 reduces Covid-19 infections

by Dr Nigel Rulewski

Evidence that it cuts severe illness and risk of death in at-risk groups

Vitamin C’s use to treat Covid-19

by Dr Thomas Levy

Presents the evidence and success by US and Chinese doctors using IVC

‘I’ve lost all trust in medical research’

by Dr Malcolm Kendrick

Explains why he no longer believes much of medical research due to Big Pharma’s corrupting influence

Foreword to *Plague of Corruption*

by Robert F Kennedy Jr

Reveals the scandalous collusion by authorities and Big Pharma to promote vaccines at all costs, even when they had been proved to cause damage

No deaths in 107 Covid-19 patients treated with nutritional therapies

First study, led by American Dr David Brownstein, to prove that nutrition alone can treat Covid patients successfully

regular columns

Poetry

Editor Kevan Manwaring presents poems focused on now to Begin Again

Books

IODINE: Why you need it, why you can't live without it, 5th edn; HIDDEN DANGERS 5G; CROOKED SOLEY: A crop circle revelation; Silver Branch: Bardic Poems and Letters to a Young Bard; BITTEN: The Secret History of Lyme Disease and Biological Weapons

Briefings

Doctors for Truth movement goes global speaking out against pandemic narrative; Doctors Speak Out Protest, 29th August; Protest grows against the Gates/Fauci vaccine agenda; Government wants to stop cancer patients choosing natural therapies; Glyphosate levels in children and adults drop dramatically after one week of eating organic; 700 doctors and scientists demand moratorium on 5G roll-out in the US; UK legal case against 5G launched; Parliamentary petition on 5G; Global 5G Protest Day, 26th September; Renowned spiritual leader opens new London temple; Crop circle appears to reflect Covid virus; Professor Keith Critchlow, 1933-2020

Issue 104, Winter 2020–21: £4.00

features

From more misinformation and lies to sources of truth

by the Editor

Importance of reliable sources to separate truth from the untruths

Vitamin D deficiency: Understanding its essential role in the Covid-19 crisis⁴

by Dr David Grimes

Presents main evidence for supplementation at the correct level to boost the immune system

Over 200 scientists and doctors call for increased vitamin D use to combat Covid-19

Open Letter to all governments to raise supplementation dosage

Importance of your microbiome – quality nutrition protects your health

by Dr Natasha Campbell-McBride

Argues we should boost our immune systems with quality, animal-based foods

Edgar Cayce's prophecies for the times we are living through

by Mark Finnan

The 'Sleeping Prophet's relevant readings for our current turbulent times

Did those feet walk upon Devon's pastures green?

by Mark Herbert

Part 2 of his article builds more evidence supporting Burgh Island as the mythical Ictis

Brave New World of Covid vaccines

by Dr Robert Verkerk

Examines the new class of Covid vaccines, their potential adverse effects and the minimum information needed to give 'informed' consent

regular columns

Poetry

New editor Dawn Gorman selects poems capturing the theme of the Ever-Presents

Books

ONENESS vs the 1% – Shattering Illusions, Seeding Freedom; It's All in Your Mouth; The Kefir Solution; Mitochondria and the Future of Medicine; CORONA False Alarm? Facts and Figures; The Invisible Rainbow (Pb)

Briefings

Boost your immune system with nutrition especially vitamin D and C; Vitamin C for Covid petition; Paramahansa Yogananda's SRF celebrates 100 years; Tribute: Warren Kenton

Issue 105, Spring 2021: £4.00

features

Legal actions launched against individuals, officials and governments

by the Editor

Tide turns as individuals take action against abuses of power

Covid-19 virus came out of a laboratory – the proof

In an interview Prof Angus Dalgleish explains the evidence for the virus' origin

Glyphosate, deuterium, air pollution and Covid-19

Dr Stephanie Seneff, leading MIT scientist, argues that glyphosate is increasing the spread of Covid-19

Ivermectin: new UK analysis endorses it to treat Covid

Dr Tess Lawrie and her BIRD team's new paper and the efforts to combat disinformation

514+ Covid patients treated with only nutrition – all recovered, NO deaths

American Dr David Brownstein updates his nutrition-only treatment and his astonishing latest results

Protect yourself from Covid-19 by boosting your immune system

Dr Joseph Mercola assesses nutrients that are helpful to prevent – and treat – Covid-19.

Did those feet walk upon Devon's pastures green?

Mark Herbert, in part 3 of his article, builds more evidence supporting Burgh Island as the mythical Ictis

Ideological Constructs of Vaccination

Dr Richard House presents a detailed analysis of this important book by Dr Mateja Černič

regular columns

Poetry

Editor Dawn Gorman selects poems focusing on the theme of the oneness of all

Books

A State of Fear – How the UK Government weaponised fear during the Covid-19 pandemic; Staying Alive in Toxic Times – A seasonal guide to lifelong health; The Struggle for a Human Future – 5G, Augmented Reality and the Internet of Things; Chakra Healing Therapy – Awaken Spiritual Energies and Heal Emotional Wounds; Between the Islands; The Case Against Masks – Ten reasons why mask use should be limited

Briefings

NEJM report conceals shocking incidence of spontaneous abortion; Patent document reveals DARPA possibly created Covid with Gates, Defra, Pirbright Institute and others; Tribute: Ian Crane

Issue 106, Winter 2021: £4.00

features

Canadian doctors group accuses Pfizer of trials fraud

Editor Simon Best outlines the growing evidence of vaccine fraud as legal cases mount against authorities – and GP Sam White wins his case against the GMC

Tap water: the dirty truth

Mounting worldwide research questions the quality of drinking water

Fourth phase of water – lifegiving energies of EZ water

Meleni Aldridge describes the breakthrough research by Prof Gerald Pollack showing how water actually functions at the cellular level

Hydrogen /deuterium ratio – a key regulator in living organisms

Dr Gábor Somlyai discusses recent research on the medical benefits, including cancer, of deuterium-depleted water

Molecular hydrogen: its potential health benefits

Director of the leading US institute researching the subject, *Tyler LeBaron* assesses the growing research on hydrogen's efficacy to treat a wide range of illness

Protecting psychiatrists and punishing patients

Dr Sarah Myhill charts her battles over CFS/ME with the General Medical Council and NICE

Climate change: cloud cover evidence challenges flawed IPCC model

Peter Taylor exposes the IPCC's entrenched corruption, listening only to those supporting its flawed model

Did those feet walk upon Devon's pastures green?

In his concluding, fourth article, *Mark Herbert* produces compelling evidence on his quest for the true Ictis

Regular columns

Poetry

Editor Dawn Gorman presents poems focusing on the theme of recuperation

Books

What really happened in Wuhan; Planet Ocean: our mysterious connection to water; The Origin of the Virus; Nature Spirits and What They Say; Nature Spirits of the Trees and What They Want to Tell Us; Aloneness is a Many-Headed Bird; The Real Anthony Fauci; Bill Gates, Big Pharma, and the Global War on Democracy and Public Health

Briefings

Birth centenary of Shrii Shrii Anandamurti, founder of Ananda Marga; Tribute: Claire Nahmad

Issue 107, Spring 2022

features

Better Way Conference report

by *the Editor* and *Kerry Murray*

Coverage of the very well received, inaugural, 3-day event in Bath

Searching for the elusive Covid-19 virus

by *Dr Tom Cowan*

Presents evidence that questions whether the Sars-Cov2 'virus' actually exists

Sunshine more important than vitamin D?

by *Dr Joseph Mercola*

Examines the evidence of a range of benefits from solar-generated melatonin

Spike protein detox guide

by the *World Council for Health*

Herbal and other medicines to clear viral and vaccine-induced spike proteins

Plants serve historical and modern-day medicine

by *John Akeroyd, Donough O'Brien* and *Liz Cowley*

Authors of *Plants & Us* reveal how plants have influenced health and medicine

Encounters with Sadhguru Sri Sharavana Baba

Jean Morris critiques the startling revelations in this recent book

The Matter with Things

by *Dr Iain McGilchrist*

Discusses what he aimed to achieve in writing his new magnum opus

regular columns

Poetry

Editor *Dawn Gorman* presents poems focusing on our connection with plants

Books

VIRAL – The Search for the Origin of Covid-19; Deuterium Depletion – A New Way in Curing Cancer and Preserving Health; Magical Britain – 650 Enchanted and Mystical Sites: From healing wells and secret shrines to giants’ strongholds and fairy glens; Words With Wings; Healthy Planet – Global meltdown or global healing

Briefings

WHO meets to attempt a Pandemic Treaty power grab; ‘Health misinformation’ – new addition to Online Safety Bill; No jab, lower hospitalisations, international survey finds; Over 1,625 Covid patients treated with nutrition only – and just one death!; Action Against 5G wins Appeal

Tributes

Thich Nhat Hanh; Dr Cyril Smith

Issue 108, Autumn 2022

features

‘In times of universal deceit, speaking the truth becomes a revolutionary act’

by *the Editor*

Some of the evidence making this alleged Orwell quote so apt today

Open Air Factor – the forgotten airborne disinfectant

by *Dr Richard Hobday*

Explores its historical importance and why it has been overlooked by modern medicine

Weaponising the weather - how climate change is used to conceal geoengineering

by *Elana Freeland*

Reveals some of the history and development of using weather as a ‘force multiplier’

World Climate Declaration challenges ‘adjusted’ data in IPCC’s flawed models

by *Peter Taylor*

Exposes the constant lies, misinformation and financial agenda that underlies the UN stance and recent COP27 meeting on climate warming

The heart – a new understanding of how it works and why it gets sick

by *Dr Stephen Hussey*

Discusses three main myths about what causes heart disease

How excessive linoleic acid wrecks your health

by *Dr Joseph Mercola*

Reveals why linoleic acid, seed oils and excess omega-6 causes so much chronic disease

regular columns

Briefings

Large vitamin D study finds significant reduction in Covid infection and death rates; Spiritual Arts Foundation launch; Silica-rich water can eliminate toxic aluminium from the body; Pair seeks legal case funds; New group challenges ICNIRP and rejects their RF guidance; Judicial Review for 5G case on December 13

Poetry

Editor *Dawn Gorman* presents poems focusing on the nature of home

Books

A Statin Free Life; The Courage to Face Covid-19 – Preventing Hospitalisation and Death While Battling the Bio-Pharmaceutical Complex; Designing Regenerative Food Systems and Why We Need Them Now; The New Heretics – Understanding the Conspiracy Theories Polarizing the World; Beyond Mainstream Medicine – Dialogue Towards a New Paradigm for Health; The Messenger

Tribute

HM Queen Elizabeth II

Issue 109, Spring 2023

Features

Lockdowns – ‘a global policy failure that must never be repeated’ Editor *Simon Best* analyses a landmark study that concludes that the benefits of the lockdown policy were ‘a drop in the bucket compared to the staggering collateral costs’ imposed

Covid vaccines must be suspended and a full inquiry launched into their approval by MHRA, say experts *Daily Sceptic* journalist *Will Jones* highlights a scathing report by the Perseus Group

Whose job is it to ensure the MHRA is competent? *Nick Hunt* exposes further issues that question MRHA’s competence

General Medical Council not fit for purpose *Dr Sarah Myhill* describes her persecution by the GMC in 38(!) cases and reveals their ignorance, incompetence and endless bias to defend the pro-Pharma, medical status quo

Recognising exposure to and combatting aluminium toxicity Based on his book, *Professor Christopher Exley* describes the evidence from his 35+ years of research of Al’s toxicity in autism, Alzheimer’s, vaccine adjuvants, etc, as well as silica’s ability to detox it

US EPA delayed major report confirming fluoride’s toxicity *Dr Joseph Mercola* exposes the history of the cover-up in the US of fluoride’s toxicity and the legal actions forcing the evidence to be finally revealed

Water fluoridation expansion plans threaten rest of UK *Joy Warren*, National Coordinator of the Fluoride Free Alliance UK, alerts readers to the Government’s agenda and upcoming, North-East consultation

Janus faces of Mind and Brain: Perennial philosophy meets neuroscience *Dr Edi Bilimoria* explores the interconnections and contradictions between ancient models of the mind and modern research on the brain

Accessing the real Self through the yoga of vocal sound *Dr James D’Angelo* describes how to use three primary sounds to achieve union with our true Self

The Climate Book *Peter Taylor* strongly critiques the new ‘bible’ of the alarmists

Regular columns

Poetry Editor *Dawn Gorman* presents poems focusing on the nature of home

Books *TOXIC LEGACY - How the Weedkiller Glyphosate is Destroying Our Health and the Environment; Spiritual Awakenings - Scientists and Academics Describe Their Experiences; “Cause Unknown” - The Epidemic of Sudden Deaths in 2021 and 2022; Ledger; Rite of Passage*

Briefings WCH hosts second Better Way Conference in Bath; Action Against 5G to appeal Judicial Review judgment; Lockdown charges dropped against two Stroud campaigners. Water firms fined £10m for sewage spills as bosses take £30m bonuses.

Issue 110, Autumn 2023

features

The Covid non-Inquiry – an exercise in extending state power?

by *Alex Kriel*, member of the Thinking Coalition

Excess deaths since the Covid ‘vaccine’ rollout

Brave MP *Andrew Bridgen* finally gave his House of Commons speech on excess deaths since the Covid ‘vaccine’ rollout

Why butter is better – and unfermented soy is to be avoided

Reliable nutritional information from the Weston A Price Foundation

The GMC’s political show trial of Dr Jayne Donegan

by *Dr Jayne Donegan*

Describes the travesty of her ‘trial’ by the GMC, driven by their vendetta over her victory in an earlier trial that exposed their devious behaviour and dishonest practices

Sunshine, skin cancer and vitamin D

by *Dr Sarah Myhill*

Explains why sunshine exposure is fundamentally important for our health, while Big Pharma continues its endless fear campaign

Boron reduces arthritis so Big Pharma targets borax

by *Walter Last*

The late Australian biochemist reveals the many health benefits of boron, especially to treat arthritis, and how vested interests demonised and denied this natural arthritis cure

Mistaken messiahs – Confusing the ‘Jesus’ and ‘Judas’ of Galilee

by *Dr Paul McGrane*

His research into historical evidence for biblical assertions forces him to conclusions that strongly challenge accepted beliefs

regular columns

Poetry

Editor *Dawn Gorman* presents poems focusing on an element of infinite chance

Books

Vitamin D3 and The Great Biology Reset; The War on Ivermectin; Messages from a Transcendent Dimension 1943-1965; Saying No to a Farm-Free Future; Better Light a Candle; Conversations with Nature; Medicine in the Stranglehold of Profit; Overcoming the Covid Darkness

Briefings

Doctors rally to support Dr Aseem Malhotra’s right to raise Covid vaccine safety issues; Aberdeen University cancels care homes vitamin C study without explanation; Findhorn Foundation closes educational programmes; Dr Reiner Füllmich arrested; Chase debanks Mercola

Tributes

Belinda (‘Nim’) Barnes; Anne Silk

Issue 111, Spring 2024

features

Malhotra presents evidence to Japanese Covid Inquiry

Dr Aseem Malhotra presents his views and evidence of damage from the 'vaccines'

Drugs cause nutrient loss that triggers illness

by Margaret Moss

Nutritionist presents evidence that many drugs cause a loss of nutrients

Raw milk: evidence of beneficial nutrition

by Sally Fallon Morrell

Presents the nutritional benefits of raw milk and counters the arguments of the pro-pasteurisation lobby

Pinprick blood test predicts dementia risk from middle age

New tests from charity Food for the Brain assesses blood sugar, B vitamins, omega-3, vitamin D and homocysteine levels to assess dementia and depression risk

Big Pharma's corrupt testing of SSRI antidepressants

by American midwestern doctor

Exposes how drug makers rig trials to make dangerous, ineffective drugs, like selective serotonin reuptake inhibitors, seem safe and effective

Unmentionable Ictis

by Mark Herbert

Argues that the tidal island of Burgh is the ideal Ictis and reveals why it is excluded from history's 'official' record

Travesty of US 'hockey stick' trial outcome

by Peter Taylor

Describes the neglected science that contradicts the result of the Mann vs Steyn case regular columns

Poetry

Editor Dawn Gorman presents poems proclaiming that hope lies in what thrives

Books

The Wuhan Cover-Up and the Terrifying Bioweapons Arms Race; The Death of Science – The Retreat from Reason in the Post-Modern World; Calm Your Mind with Food – A Revolutionary Guide to Controlling Your Anxiety; Drug Vitamin/Supplement Interactions; Earth House

Briefings

Second HoC debate on excess deaths hears more concerns; 5G legal developments; Fluoride consultation ends in June; Distrust of WHO's proposed new Pandemic Treaty Big Pharma's corrupt SSRI testing (cont)

Issue 112, Autumn 2024

features

Judicial scandal in Germany: The case of Reiner Füllmich

Wolfgang Jeschke describes the political trial against the civil rights and Covid activist that reveals the motives and behaviour of a compromised, constitutional state

The Quantum Vortex and Superenergy

by David Ash

Based on 50+ years of research, he re-writes quantum physics in plain language that embraces the spiritual and supernatural in science

How the cholesterol myth endangers people's health

by Stephen McMurray

Dismantles the medical mainstream's demonization of cholesterol and shows that statins cause more harm than good

Mythical Messiahs – a more accurate interpretation

by Dr Margaret Tottle-Smith

Examines the idea of Jesus as Messiah and the importance of the Essene sect in understanding the writings and zeitgeist of his time

Root canals: Uncovering the myths, the facts and their impact on overall health

by Dr Elmar Jung

As a holistic dentist, he explains root canals, their procedure and discusses potential long-term, health risks

US Government review finds fluoride exposure 'consistently associated with lower IQ' in children

The US National Toxicology Program report triggers US legal ruling that current levels pose an 'unreasonable risk' of reduced IQ in children

WHO's Systematic Reviews: Who is pulling WHO's strings?

by Alasdair Philips

Investigates the WHO's reviewing of MW/RF health hazards and finds them highly biased and resistant to contradictory evidence

regular columns

Briefings

Hallett Report gets it mostly right; Lancet again ignores nutrition prevention evidence in its dementia Commission; Excessive DNA contamination in mRNA vaccines could cause cancer, experts warn Australian PM; World first: Australian local government votes to suspend Covid mRNA vaccines; Vitamin D vs flu shot

Poetry

Editor Dawn Gorman selects poems about the value of quietly observing the natural world

Books

FIGHTING GOLIATH – Exposing the flawed science and statistics behind the COVID-19 event; 180° – Unlearn The Lies You've Been Taught To Believe; RAT TRAP – The capture of medicine by animal research and how to break free; Climate Change isn't Everything – Liberating Climate Politics from Alarmism

Tribute

Martin J Walker

Issue 113, Spring 2025

Features

Creating a false record of 'safe and effective' vaccines

Ben and Molly Kingsley expose its failure to challenge basic narratives

Suing *The Mail on Sunday* – and winning!

Dr Malcolm Kendrick recounts his lawsuit to clear his name of libel charges over his and co-defendant's criticisms of statins and their adverse reactions

Conquering my lifetime of pain – thanks to chiropractic

Angelina di Fazio describes 40 years of chronic pain and failed treatments dramatically

transformed by chiropractic that restored her life to near normal

How maternal medications alter vital breastmilk nutrients

Dr Joseph Mercola discusses new research showing that drugs, such as antidepressants, alter breast milk composition, affecting nutrient delivery essential for a baby's development

Joseph 'The Arimathea', hidden founder of two world religions

Dr Margaret Tottle-Smith *examines the life and family links of Joseph's lineage to the Christian and Moslem religions*

Serotonin – the making and unmaking of a myth

Dr Joanna Moncrieff *challenges the reductionist approach to depression that asserts it is due to a chemical imbalance in the brain that needs drugs to treat it*

SIRIUS – our Greater Sun?

Mark Herbert *reveals startling new threads that endorse the Earthly import of the Dog Star, prime suspect as the Sun's companion, trigger of the rise and fall of societies and empires*

HIV/AIDS – Revealing the true agenda of a corrupt medical cartel

Professor Angus Dalgleish *assesses the disturbing revelations in Fauci's First Fraud on the hidden agendas and corruption by many of the main players*

regular columns

Briefings

The Covid Dossier: A record of military and intelligence coordination of Covid-19; Claimants needed to join legal action against fluoridation; 'Hockey stick' legal case: dramatic reversals

Poetry

Editor Dawn Gorman selection features poems that highlight simple pleasures

Books

Special focus: *Canary in a Covid World, Vol 1 How propaganda works and censorship changed our (my) world; Canary in a (post) Covid World, Vol 2 Money, fear and power, Turtles All The Way Down – Vaccine Science and Myth; Getting Healthy in Toxic Times; Soul Feast – Nourishing Poems of Hope and Light*

Tribute

Arthur Firstenberg

Contents, Issue 114, Summer 2025

Met Office refuses simple FOI requests said to back non-existent temperature stations on 'vexatious' grounds

Chris Morrison *investigates the mysterious case of the phantom weather stations*

Spike protein toxicity: How Augmented NAC can detox humanity!

Dr Tina Peers *discusses the evidence and mechanism for the efficacy for 'augmented' N-acetylcysteine to detox the spike protein and her personal experience of using it*

The cancellation of Professor Norman Fenton - Climate and Covid dissident

Tilak Dosh *describes the treatment of one of our leading mathematicians over his evidence-based dissident views on climate and Covid would have Galileo spinning in his grave*

Forest bathing: Simply a walk in the woods or a cure for technostress?

Olga Terebenina and Gary Evans *discuss the many health benefits, physical and psychological, and the research behind them that has caused the activity to be increasingly practised around the world*

Reinstating the lost Feminine Face of God

Dr Anne Baring, *historian and Jungian analyst, explains when, where and how Western civilisation lost the Feminine Face of God and the enduring effects of this catastrophic loss*

Alcohol in moderation: Better for you than you have been told, especially red wine

Tony Edwards, *former TV science producer, explains how ‘the authorities’ are trying to demonise any amount of alcohol as a serious health risk, when the medical evidence shows the opposite*

regular columns

Briefings

1995 scientists worldwide declare: ‘There is no climate emergency’; Met Office alarmism strongly criticised; UK Government gives £57m for geoengineering research; Over 25 US states rule against geoengineering; 5G – The Untold Story

Poetry

Editor Dawn Gorman encourages readers to practise empathy and kindness

Books

Dissolving Illusions - Disease, Vaccines and the Forgotten History. 10th Anniversary Edition; Climate, Covid and Conspiracy; Landscapes of Memory - Questing in the Footsteps of our Ancestors; A New Science of Heaven - How the science of plasma changes our understanding of physical and spiritual reality

Letters to the Editor

Climate change MSM narrative / Dr Richard House; Weather on other planets / Mark Herbert